










EASTER



Breastfeeding support is available from our team every day; please call to make an appointment

8 April - 19 April 2019 - The Centre is open Monday - Friday 8:30-4:00 for information and support for families with children up to 5 years old

	Monday 8 April	Tuesday 9 April	Wednesday 10 April	Thursday 11 April	Friday 12 April
Week 1	<p>Bopping Babies 9:45am-10:45am 0-12 months Please Book</p> <p>Imagination Station 10:00am - 11:00am 9months - 5 years Please book</p> <p>* Stay and Play 1:30pm - 3:00pm 0 - 5 years Please Book *With Toy Library</p>	<p>Let's Get Messy 10:00am-11:00am 18 months - 5 years (please bring a change of clothes) Drop in</p>  <p>Attention Hillingdon 1:45pm-2:45pm 2 - 5 years Fully Booked</p>	<p>Movers and Groovers 10:00am-10:45am 12months - 2 years Please book</p> <p>Bhangra Bonanza 1:45pm-2:30pm 18months - 5 years Please book</p> 	<p>* Stay and Play 9:30am-11.00am 0 - 5 years Please Book</p> <p>Breastfeeding Group 1:00pm - 2:30pm Drop In</p> <p>Sensory Time 1:45pm - 2:45pm 18months - 5 years, Please book</p>	<p>Jump Bunch 10:00am-11:00am Steady Walkers - 5 years Please book</p>  <p>Baby Play Time (With Sensory) 1:30pm - 2:45pm Bump - 17months Please book</p>
Week 2	<p>Bopping Babies 9:45am-10:45am 0-12 months Please Book</p> <p>Imagination Station 10:00am - 11:00am 9months - 5 years Please book</p> <p>* Easter Crafts Stay and Play 1:30pm - 3:00pm 0 - 5 years Please Book</p> 	<p>Let's Get Messy for Easter 10:00am-11:00am 18 months - 5 years (please bring a change of clothes) Drop in</p>  <p>Attention Hillingdon 1:45pm-2:45pm 2 - 5 years Fully Booked</p>	<p>Easter Bunny Bop 10:00am-11:00am 2-5 Years Please book</p>  <p>Toy Library 1:00pm-2:00pm 0-5 years Drop In</p> 	<p>* Stay and Play 9:30am-11:00am 0 - 5 years Please Book</p> <p>P3 PEOPLE POTENTIAL POSSIBILITIES Please book 09:30am-12:30pm Breastfeeding Group 1:00pm - 2:30pm Drop In</p> <p>Sensory Time 1:45pm - 2:45pm 18months - 5 years Please book</p>	<p>Bank Holiday Children's Centre is closed</p>  

* Children aged up to 8 years can attend these sessions with a younger sibling

The below groups are invite only:	Monday	Tuesday	Wednesday	Thursday	Friday
Midwifery Clinic	9:00am - 4:00pm	9:00am - 4:00pm	9:00am - 4:00pm		9:00am - 4:00pm
Child Development Clinic, Speech and Language and Occupational Therapy	9:00am - 1:00pm (CDC)	9:00am - 1:00pm (Poppies)	9:00am - 1:00pm (CDC) 1:00pm - 3:00pm (Dolphins) Small Talk 21 May, 2 July 9am-1pm	10:00am - 11:00am (Busy Fingers)	
Health, Breastfeeding Specialist Clinic & Perinatal MH sessions	11:30am - 3:30pm (Health Reviews)			1:00pm - 4:00pm (Breastfeeding specialist Clinic)	9:00am - 1:00pm (Perinatal Session)
Useful information Families Information Service - 01895 556489 , Community Midwives - 01895 279472 , Yiewsley Health Visitors - 01895 452000 , Hillingdon Talking therapies - 01895 206800					

Booking System: You can book sessions one week in advance! If you are unable to attend a session you have booked please let us know so we can offer the space to another family. Thank You.

Session Information:

Attention Hillingdon	This 8 week programme is able to support children to develop their attention and listening skills. Invite and referral only
Baby Play Time	A fun and interactive session for babies and their carer. Babies will get the opportunity to explore the Centre and use the sensory room. Please Book
Bopping Babies	A fun musical session for babies and their carer's. Babies will learn to enjoy movement through sounds which also helps their physical development. Please Book
Bhangra Bonanza	A fun packed session involving traditional Indian dance with music and movement. Please Book
Breastfeeding Group (Drop In)	This group is delivered weekly and parents who would like advice and support with breastfeeding can drop into this group. Drop in
Easter Crafts Stay and Play	A fun creative session including Play, story time and songs. Please Book
Imagination Station	An interactive story session that comes to life! Please Book
Jump Bunch	Bringing sports to young children in a fun engaging way, along with music and activities. Please Book
Movers and Groovers	A fun musical session for toddlers and their carer. Toddlers will learn to coordinate their movements to music. Please Book
Let's get Messy	A fun way to play and learn through messy activities. Drop in
P3	An advice and support session on benefits, housing, money management. Please Book
Sensory Time	A group for children who will benefit from the experiences sensory time provides. Children will learn through play whilst using their five senses. Please Book
Stay and Play	A fun Play, story time and song session for families. Please Book
Toy Library	Families can borrow toys for FREE. Drop in

To find out what your other local Children's Centre can offer please visit www.hillingdon.gov.uk/childrenscentres