



## Pathological Demand Avoidance

Tuesday 23rd May from 10.00 am till 2.00 pm

Ticket Price: £25 Members, £35 Non-Members, £45 Professionals

Would you like to know more about Pathological Demand Avoidance?

CAAS are delighted to welcome the PDA Society to deliver a workshop that has been developed for parents and carers of children with PDA (or suspected PDA) and is also suitable for those working with children in a professional capacity. It will enable you to:

- Increase your understanding of PDA.
- Develop strategies for working with children/young people who have the condition.

Lunch will be provided.

For more information or to book please click:

<https://pathologicaldemandavoidance.eventbrite.co.uk>

## Transition to High School Workshop

Wednesday 14th June 2017 from 5.30pm till 8.00pm

Ticket Price: £10 Parent / Free for Young Person

Is your child with a diagnosis of ADHD and/or autism transferring to High School this summer? Are you/they feeling anxious about this next stage of their education? If you are looking for some strategies and support to help you with this transition then this is the workshop for you.

You and your child are invited to attend our transition evening which will consist of two separate workshops:

- The young people's session will address and worries or anxieties they may, as well as giving them practical advice in a fun and interactive way.
- The parent session will give information and advice and a forum to share any worries and concerns in a safe and non-judgemental space.

It will also give you the chance to make links with our youth team who can provide support from ages 11-25.

Light refreshments will be provided.

For more information or to book please click: <https://tths.eventbrite.co.uk>

## ADHD & Anxiety



Tuesday 27th June 2017 from 10.00 am till 1.00 pm

Ticket Price: £15 members, £25 non-members, £35 professionals

### The session:

ADHD continues to be increasingly recognised in children and now in adults. While often just portrayed as a condition which affects causes attention problems, impulsivity and hyperactivity, in reality it is far more complex and is often poorly understood. There are aspects of ADHD that cause problems for the individual and those around them and often people, particularly girls and women, go undiagnosed. In this talk Dr Karim will explore the idea of ADHD in more depth thinking about the some of the issues which cause problems, ways of working with young people with ADHD including the place of medication and the difficulties present when they also have anxiety, a common co-existing problem.

### The speaker:

Dr Khalid Karim is a Senior Clinical Teaching Fellow at the University of Leicester and Honorary Consultant in Child and Adolescent Psychiatry, University of Leicester.

He has been in my current post since 2006 and has a busy job working for both a University and NHS Trust. His clinical area of interest is in neurodevelopmental problems such as ASD, ADHD and tics and he is currently involved with others in developing a new service for his local area. He has talked both locally and nationally on various aspects of these conditions and feels that they still go unrecognised and it can be difficult to get help. He also teaches at the University at an undergraduate and Postgraduate level on child mental health and he am currently undertaking a Master's degree in medical Education. His research is primarily on clinical communication and clinical perspectives on conditions.

For more information or to book please click: <https://adhdandanxiety.eventbrite.co.uk>

## Autism & Girls

Thursday 6th July from 10.00am till 2.00pm

Sarah-Jane Critchely, author of A Different Joy and Programme Manager at the Autism Education Trust will be joining us on Thursday 6th July to deliver an interactive workshop on Autism and Girls. Further details coming soon.